

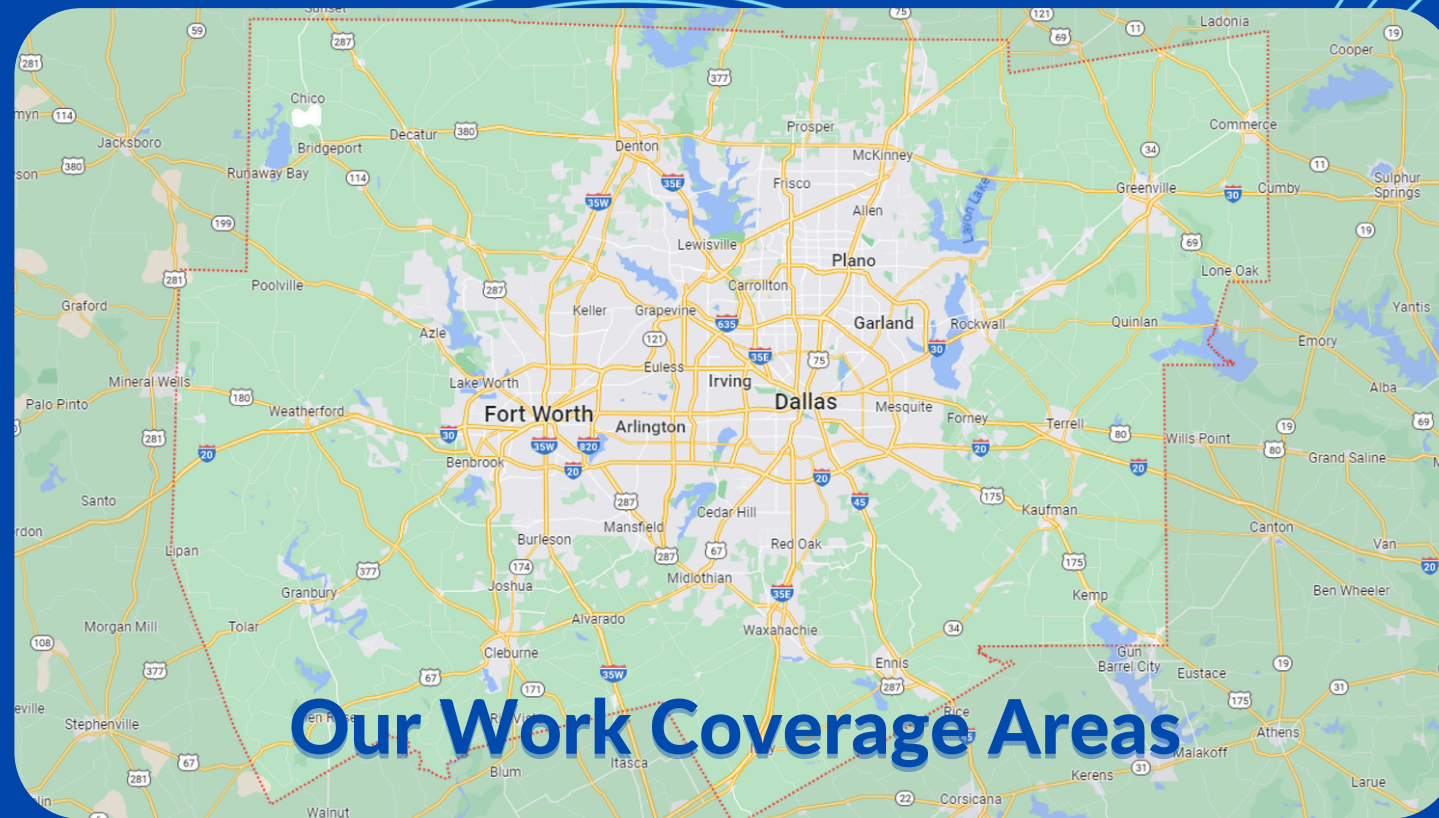
Benefits of Home Health Ultra Therapy Solutions Treatments

- ✓ **No expensive COPAYS**
- ✓ **Have therapy in the privacy of your own home!**
- ✓ **Just send a referral from your MD**
- ✓ **Be matched with the right Home Health Agency**



Scan for our contacts

4514 Cole Ave Ste 600, Dallas, TX, 75205
Phone: 214-699-1296
Fax: 214-594-9987
Email: intake@ultratherapysolutions.com



Operation Hours:
Monday - Friday
9 am - 5 pm



facebook.com/ultratherapysolutions



www.ultratherapysolutions.com

Ultra Therapy Solutions provides treatment for both primary and secondary lymphedema. Treatment focuses on reducing swelling and controlling pain, primarily using compression in the form of garments, wraps, or pumps. Lymphedema treatment is often performed by Physical and Occupational Therapists.

ULTRA

Therapy Solutions



Lymphedema Therapy

Lymphedema Types

Primary

Caused by developmental abnormalities of the lymphatic system or hereditary.

Secondary

Caused by injury or another disease that alters either lymphatic production or elimination that may include surgery, cancer/radiation therapy, infection, obesity and other co-morbidities like congestive heart failure diabetes, venous insufficiency, and prolonged wounds on the limbs.

Lymphedema Symptoms

Most lymphedema occurs in the arms or legs. Swelling may be barely noticeable or so extreme that using the arm or leg becomes impossible. In many cases, symptoms include:

- Swelling, possibly including fingers or toes
- Aching or discomfort
- A full or heavy sensation
- Restricted range of movement
- Tight or shiny skin
- Advanced stages include fibrotic skin change
- Blistering wounds
- Lymphorrhea - Weeping fluid from limbs
- Hemosiderin staining
- Lack of indentation in the skin when pressed
- Hardening and thickening of the skin
- Small warts or blisters that leak clear fluid
- Recurring infections

Lymphedema Stages



ULTRA THERAPY LYMPHEDEMA PROGRAM

1 Home Health Agency Admission

- 2-3 weeks processing
- We'll find you an agency that will take your insurance. Let us know if your agency is affiliated with Ultra Therapy



You can scan the QR code for our supplies website or go to bit.ly/utssupply

2 Appointment with Certified Lymphedema Therapist (CLTs)

- Physical assessment



3 Treatment Plan

The following are the most common treatment of lymphedema but not limited to:

- Compression bandages that encourage lymph-fluid drainage
- Manual lymphatic drainage (MLD) light massage to the affected area to move fluid to the working lymph nodes
- Complete Decongestive Exercise taught by a Certified Lymphedema Therapist
- Pneumatic-compression devices will be ordered from a third party- Long term solution for MLD if a patient is unable to do self-massage
- Upon reaching plateau, we will educate the patient to do self-care using compression garments, custom-sized by a CLT.

4 Self-care

- Compression Sleeves and stockings will not reduce the size of the limb however will maintain the size.
- From wraps, arm and leg garments, gauntlets, socks, undergarments, and wound care for lymphedema, we got you covered!



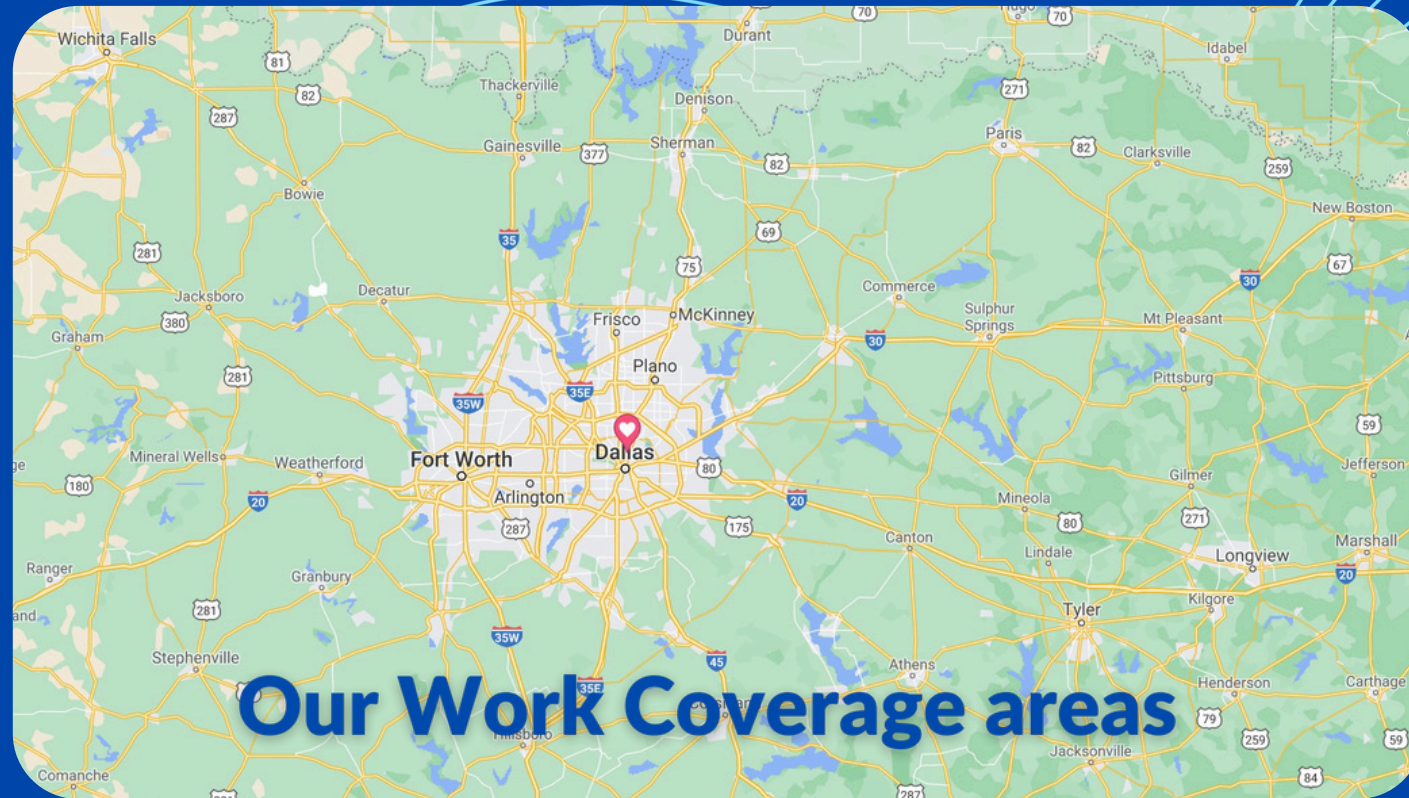
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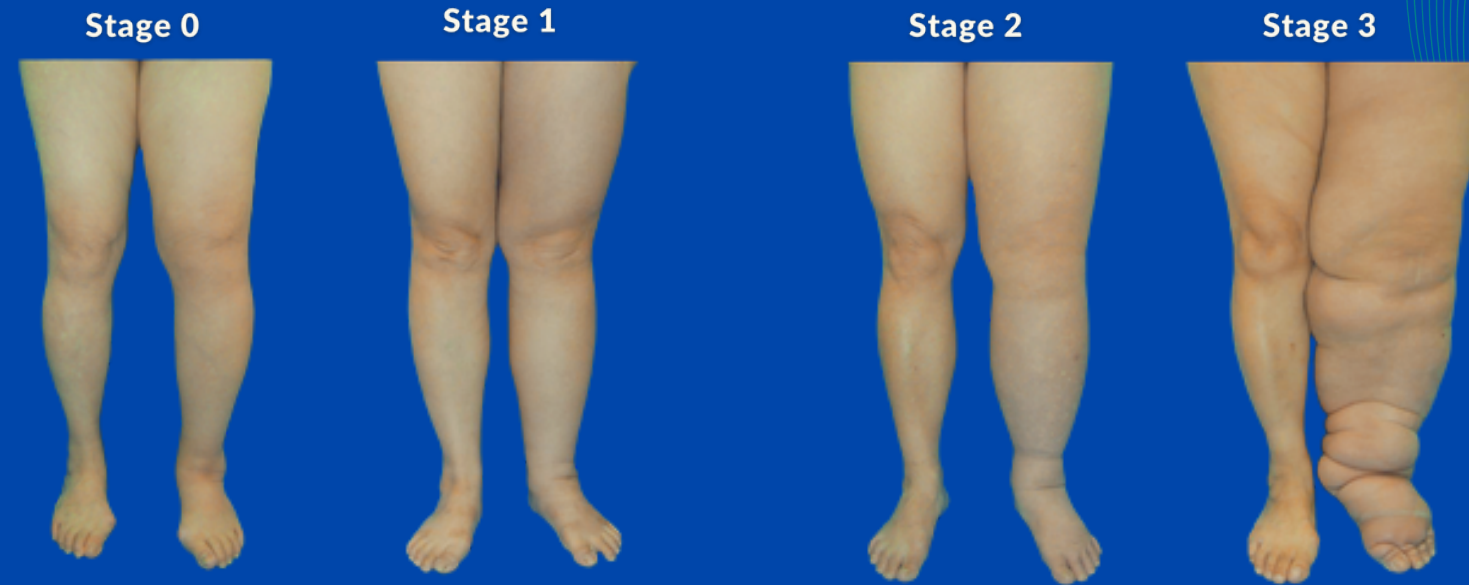
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